



Achievable Dream ACADEMIES

Athletic programs provide an essential element of An Achievable Dream experience. Students benefit physically, psychologically and socially; and they learn skills and practice habits that help to maintain lifelong health and fitness.

Newport News Public Schools offers a small range of athletic opportunities and activities that appeal to all interested. Boys and girls in the grades six through eight can participate in the Middle School interscholastic athletic program that includes track, volleyball and basketball.

The emphasis in this program is on participation and skill building for the future athletics. The high school encourages personal growth through collaboration and development of personal traits that help students become productive citizens.