

Sports Physicals on September 29th at Gildersleeve Gym at 5:30

The sports medical doctor for Newport News Public Schools, Dr. Lara Quinlan, has agreed to come to Gildersleeve Middle School (gym) on Thursday, September 29th at 5:30 to conduct physicals for middle school sports. This is a one-time courtesy physical and there will be **NO CHARGE**. **There will be no transportation provided.**

After this, your students will be invited to attend the high school physical dates (usually 3 a year) and the fee will be \$20.00 cash. If they prefer to visit their own physician, that is acceptable as well.

Your student can get the forms from Coach Overbey (2 forms) – one front and back physical form and an additional medical history form that must be attached to the middle school physical form.

Parents, please bring the completed physical form with medical history to Gildersleeve on September 29th.